



INFANT DAILY SCHEDULE

The Infant program is set up on an individual basis, according to the schedule provided by the parent/guardian to the center and designated to enrich the infant's needs and developmental skills.

*Times are flexible. Infants are fed and given naps on an individual as needed basis. Diapers are checked every 2 hours, or as needed.

EXAMPLE OF AN INFANT'S DAY

8:00 – 9:00 am	Parent and child morning greeting. Older infant have indoor play, books, manipulatives.
9:00 – 9:30 am	Diapers, bottles or snack, hand washing
9:30 – 10:00 am	Indoor/Outdoor play
10:00 – 11:00 am	Morning naps or outdoor/indoor play
11:00 – 12:00 noon	Diaper checks, bottles, lunch
12:00 – 12:30 pm	Mat time or climbers
12:30 – 1:30 pm	Outdoor play, walks, sand/water time
1:30 – 2:00 pm	Diaper checks, bottles
2:00 – 2:30 pm	Afternoon nap or sensory time with art or textures
2:30 – 3:00 pm	Afternoon snack, indoor play, books, dramatic play
3:00 – 4:00 pm	Music, balls, bubbles
4:00 – 4:30 pm	Diaper checks, bottles
4:30 – 5:00 pm	Group Walks/Stroller rides, Outdoor Play